

Carolinas/Virginias Chapter of the Society of Critical Care Medicine

MEMBERSHIP NEWSLETTER- May VOL 5. ISSUE 2



Joining CVCSCCM

Benefits of CVCSCCM membership include networking with multidisciplinary critical care professionals across the region, live education, platforms for research presentations, communication through newsletters and social media, Twitter Journal Clubs, outreach opportunities both locally and abroad, scholarship, multidisciplinary research, and professional mentorship!

Annual fees are only \$45 per year and you do not need to be a member of SCCM to join. Join at: <https://www.sccm.org/Member-Center/Chapters/Carolinas-Virginias>

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GET TO KNOW YOUR BOARD OF DIRECTORS

New section in our Chapter Newsletter!

Each newsletter will feature 2-3 members of our Board of Directors (BOD)



Sameer Kamath, MD, MBBS

Job Title: Associate Professor, Chief Medical Officer, Medical Director PICU
Hospital: Duke Children's Hospital
CVCSCCM Chapter Member: 3 years
What do you enjoy most about being a CVCSCCM Member? Getting to know peers from other specialties and exchanging ideas to advance the field in our region
Hobbies/Interests: Traveling, music, cricket, and cooking

Andrew Miller, MSc RRT-ACCS RRT-NPS FAARC

Job Title: Respiratory Care Practitioner, ECMO Specialist
Hospital: Duke University Medical Center
CVCSCCM Chapter Member: ~5 years
Committee Involvement: Research
What do you enjoy most about being a CVCSCCM Member? The people, everyone was so friendly and welcoming when I attended the annual SCCM Congress for the first time. Being on the BOD is a great learning experience learning from everyone from various centers and professions I haven't interacted with in the past.
Hobbies/Interests: Listening to music, playing guitar, reading, learning about wine, good food



Gratitude: Year in Review of COVID-19

Kelsey Ohman, PharmD, BCCCP

If you were asked to synopsise your views and experiences of COVID-19 with one adjective, which would you choose? Reflecting on the past year, the adjective that inevitably comes to mind is gratitude. Albeit devastating, the ongoing pandemic has renewed a sense of gratitude for life, service, and assimilation of knowledge.

Throughout various health-systems, navigating and implementing dynamic knowledge into practice was challenging, especially considering widespread medication and supply shortages. The pandemic highlighted the importance of a systems-based approach to critical care crises, with more effective ICU triage, expandable bed capacity, staffing pools, efficient access to supplies, and gratitude for staff. Additionally, providing compassion to patients and their loved ones with the barrier of isolation emphasized the significance of human connection and empathetic care. Along with empathetic care to patients, the pandemic illustrated the importance of critical care staff well-being, resilience, and benevolence towards colleagues. These lessons learned will lead to transformative change among health-systems and critical care practice in the post-COVID-19 era.

Despite these innumerable challenges, a sense of gratitude resounds. We remain grateful to our patients, healthcare heroes, and all individuals who have acted bravely to resolve this ongoing pandemic. The future of critical care in the post-COVID-19 era is bright, prepared, and thankful.

References

1. Arabi YM, Azoulay E, Al-Dorzi HM, et al. How the COVID-19 pandemic will change the future of critical care. *Intensive Care Medicine*. Feb 2021. 47(282-291).



Kelsey Ohman, PharmD, BCCCP
Surgery/Critical Care Clinical
Pharmacist
Duke University Hospital



FCCM Chapter Spotlights

Three chapter members were inducted as Fellows of the American College of Critical Care Medicine at Congress this year!

Fellows and Masters in the American College of Critical Care Medicine (ACCM) are recognized for their significant contributions to critical care. It honors those who have made an impact on the critical care profession at a regional, national, or international level. An ACCM fellow participates in shaping the organization, critical care delivery, and improving patient outcomes as part of an elite and prestigious group.

Please join us in congratulating these members on their outstanding achievement!



Paul McCarthy, MD, FCCM

Chief, Critical Care; Intensivist
J.W. Ruby Memorial Hospital
WVU Heart and Vascular Institute

FCCM Chapter Spotlights



**John Hammer, PharmD, MBA, BCPS,
DPLA, FCCM**

PGY1 Residency Program Director
Clinical Pharmacist Specialist Medical ICU
Pharmacy Services – Carolinas Medical Center

Job Title/Institution:

Clinical Pharmacist Specialist-Medical Critical Care and PGY1 Residency Program Director/ Atrium Health's Carolinas Medical Center

How long have you been a CVCSCCM Chapter Member?

I have been a CVCSCCM chapter member since moving to the region for my current position in 2013.

What inspires you most about your job/career?

I feel fortunate to be able to round with an amazing group of providers, nurses and various other allied health professionals to help provide care to a variety of high acuity, critically ill patients. I work with a collaborative group of pharmacy colleagues and enjoy serving as a residency program director. I like being able to provide education to multi-professional groups including students and residents from a variety of disciplines.

What advice or words of wisdom would you share with chapter members hoping to apply for FCCM?

Get involved. Leadership devoted to critical care is one of the three core areas of the FCCM application and can include activities at both the regional and/or national levels. There are many ways through SCCM and CVCSCCM to get involved which provides meaningful opportunities to give back to the community and the profession. Often expressing interest is all that is required to participate.

How did being involved in CVCSCCM help support your achievement of becoming a Fellow of the ACCM?

My application likely would not have been accepted without my involvement in CVCSCCM. I have had the privilege to actively serve on CVCSCCM committees as well as the Board of Directors. I have had opportunities to give presentations at the annual clinical symposium and to present research as poster and platform presentations. CVCSCCM provides many rewarding experiences including the ability to network, mentor, and collaborate with professionals from a variety of disciplines across our region.

FCCM Chapter Spotlights

Job Title/Institution:

Clinical Nurse Specialist: Critical Care and Inpatient Cardiac at Atrium Health Cabarrus (Concord, NC).

How long have you been a CVCSCCM Chapter Member?

Several years. It's been really fun getting involved!

What inspires you most about your job/career?

It's such an honor to be there for patients and families during their most vulnerable times. I love that I get a blend of involvement and impact at the patient, unit, and system level. There's always something to learn, and I get to work with such a smart, dedicated, and caring team. This work feels "normal" to us because we do it every day. When you step back and think about what we do in critical care, it's really pretty incredible. I am so grateful to be part of it.

What advice or words of wisdom would you share with chapter members hoping to apply for FCCM?

If you're undecided about when to apply, have someone you work with closely look at your CV to make sure you have captured everything you do. Some of the smartest people I know chronically undersell their involvement and contributions!

Attend an information session at SCCM Annual congress to think about criteria that might be harder to meet in your normal role. Get involved early at a regional & national level. The SCCM involvement cycle takes some time from application to starting on a committee, so start early and connect with ongoing work that interests you.

How did being involved in CVCSCCM help support your achievement of becoming a Fellow of the ACCM?

I have been able to network with accomplished and inspiring colleagues I would otherwise not have gotten to know so well, including some within my home institution! This helped stretch me and connect with projects outside my normal day-to-day work. Many of the projects and committees I connected with through CVCSCCM met different criteria on the FCCM application. All of it has served to strengthen my practice and support quality care in my units!



**Erika L. Setliff, DNP, CCRN-CSC,
ACNS-BC, FCCM**

Clinical Nurse Specialist, Critical Care
& Inpatient Cardiac
Clinical Education Services
Atrium Health Cabarrus

CVCSCCM Members 'Selfie' In Masks!



Elizabeth Acquista, MD, FACS
Past Board of Director



Carrie Griffiths, PharmD, BCCCP, FCCM
Chapter President



Jana Sigmon, PharmD, BCCCP
Communications Chair



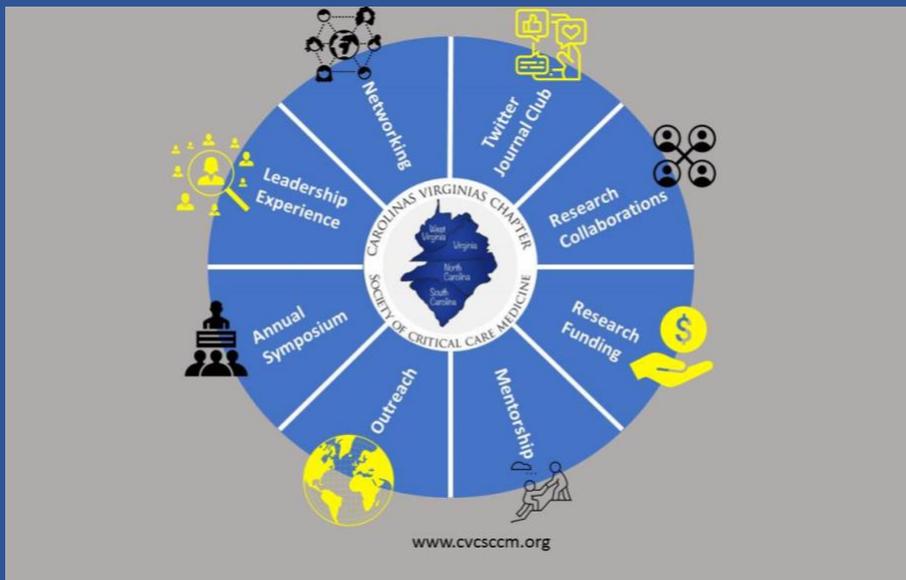
Please continue to send selfies in your CVCSCCM mask to share with the Chapter!

cvcscm@gmail.com

COMMITTEE UPDATES

Membership Committee

The Membership Committee has created this wonderful infographic sharing all of the exciting opportunities the chapter has to offer! This can be found on the website and the CVCSCCM Twitter page so please share with your friends and colleagues on social media!



Education Committee

SAVE THE DATE!

39th ANNUAL VIRTUAL SCIENTIFIC SYMPOSIUM

Pharmacology Pre-Conference
Thursday, June 17th (PM)

Annual Symposium
Friday, June 18th All Day

Registration is NOW OPEN

Register online at cvcscm.org and be sure to check out our brochure highlighting the exciting lineup of speakers at this year's Symposium.

Chapter Leadership

Executive Committee

- **President:** Carrie Griffiths, PharmD, BCCCP, FCCM
- **Vice President:** C. Todd Borchers, MSN, APRN, ACNP-BC
- **Secretary:** Audis Bethea, PharmD, BCPS, BCCCP
- **Treasurer:** Kristie Hertel, RN, MSN, CCRN, ACNP-BC, FCCM
- **Past-President:** Kwame Akuamoah-Boateng, DNP, RN, ACNP-BC, FCCM

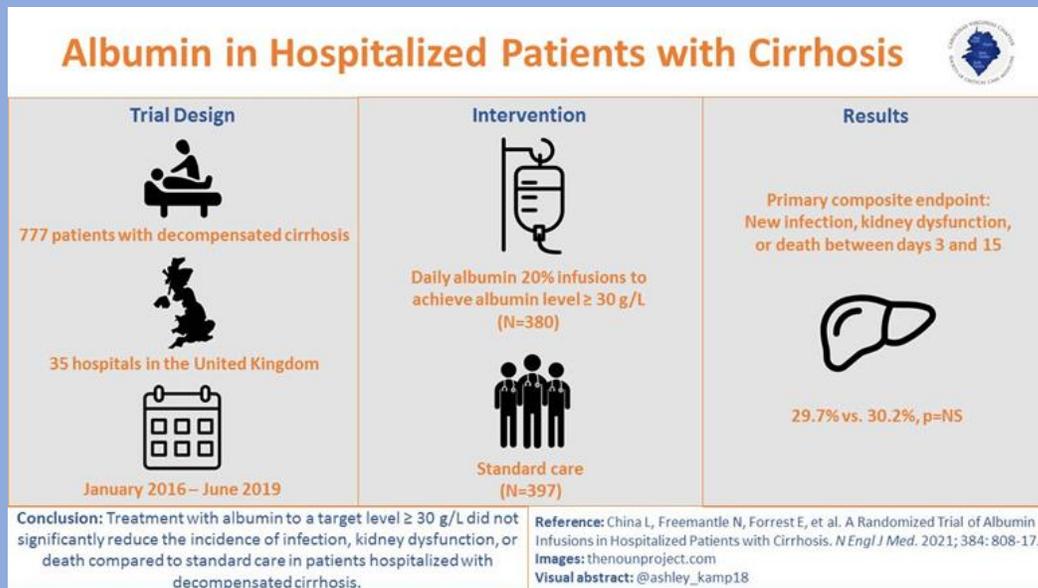
Board of Directors

- Amy Alger, MD (NC)
- Bryan Collier, DO (VA)
- Christopher Hogan, MD, FACEP (VA)
- Lesly Jurado, PharmD, BCPS, BCCCP (NC)
- Sameer Kamath, MD (NC)
- George Kasotakis, MD (NC)
- Andrew Miller, RT (NC)
- Benjamin Moses, MD (VA)
- Ankit Sakhuja, MD (WV)
- Paul McCarthy, MD (WV)
- Carolyn Magee, PharmD (SC)
- Taylor O'Neal, RN (SC)

COMMITTEE UPDATES

Communications Committee

The last Twitter Journal Club was hosted by Ashley Kamp, PharmD, a PGY2 Critical Care Pharmacy resident at Duke on Wednesday, April 28th. Dr. Kamp led an excellent discussion on the results of the ATTIRE trial assessing the use of albumin in hospitalized patients with cirrhosis.



Ashley Kamp, PharmD

PGY2 Critical Care Pharmacy Resident
Duke University Hospital

Please contact cvcscm@gmail.com if you or a trainee are interested in hosting a future Twitter Journal Club!

Don't forget to check out our website (www.cvcscm.org) and follow us on Facebook and Twitter (@CVCSCCM) for updates, announcements, and general organizational communications!

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Carrie's Corner

Updates from the
President of
CVCSCCM

Hello CVCSCCM Members!

I hope everyone was able to attend some portion of the 50th Anniversary SCCM Congress. There were many excellent presentations, research abstracts, roundtables and other events throughout the virtual 2 weeks. I am particularly excited about the Chapter Alliance Excellence Award that OUR chapter received!!! I am so proud of what our chapter has accomplished over the past year to earn this award. It could not have been done without YOU. Thank you for all of your hard work.

In addition to this award, I'd like to acknowledge all of the other award recipients – FCCM, Presidential Citations, and others. A job well done and well deserved! Many of our members were speakers, presented research snapshots, roundtable moderators, sessions moderators, and more! Thank you for all your hard work to make the 50th Anniversary Congress so successful!

As we move forward after Congress, I would encourage you to get involved with one our committees. There are so many happenings within the committees including: research projects, Twitter Journal clubs and Pharmacology Pre-Conference and Symposium planning! How do you want to be involved?

Save the dates for our annual Pharmacology Pre-Conference and Symposium, June 17 & 18, via virtual platform. We hope to *see* you there!

Here's to 2021! Let's make it great!

Carrie

Additional Committees

Contact cvcscm@gmail.com with interest in joining or check out www.cvcscm.org to learn more about each committee!

Check out our new 'Join a Committee Form' on the homepage of the website!

- Education: organizes the Annual Symposium and Pharmacology Pre-Conference
- Nominations: solicits nominations for the board of directors
- Research: supports, advances, and promotes the conduct and dissemination of high quality research in critical care
- Membership: support membership's professional development and research
- Outreach: fosters collaborative outreach efforts at local, regional, and global levels

We want to celebrate you!

Future newsletters will highlight accomplishments of chapter members and chapter institutions. This includes new board certifications, publications, awards and accolades, or institution accreditations. Send all submissions to CVCSCCM@gmail.com. We can also highlight local or regional educational events.