

# Carolinas/Virginias Chapter of the Society of Critical Care Medicine

MEMBERSHIP NEWSLETTER- VOL 6. ISSUE 1



## Joining CVCSOCCM

Benefits of CVCSOCCM membership include networking with multidisciplinary critical care professionals across the region, live education, platforms for research presentations, communication through newsletters and social media, Twitter Journal Clubs, outreach opportunities both locally and abroad, scholarship, multidisciplinary research, and professional mentorship!

Annual fees are only \$45 per year and you do not need to be a member of SCCM to join. Join at: <https://www.sccm.org/Member-Center/Chapters/Carolinas-Virginias>

## In This Issue:

- Get to Know Your Board of Directors
- Twitter Journal Club Spotlight
- Committee Update: Mentorship
- Business Meeting Update
- Executive Board Update

## GET TO KNOW YOUR BOARD OF DIRECTORS



**Desiree Kosmisky, PharmD, BCCCP**  
Atrium Health, NC

**Job Title:** Clinical Pharmacy Specialist – Critical Care

**Hospital:** Atrium Health Cabarrus and Virtual Critical Care

**CVCSOCCM Chapter Member:** 5 years

**Committee Involvement:** Communications

**What do you enjoy most about being a CVCSOCCM Member?**

I enjoy networking with professionals throughout the region, learning about research and quality improvement initiatives, gaining new knowledge through the Symposiums, and participating in discussions during Twitter journal clubs, all with the ultimate goal of improving patient care.

**Hobbies/Interests:** Reading, trying new restaurants, traveling, hiking

# CVCSCCM Hosts First Author-Led Twitter Journal Club

On November 18, 2021, lead author, Dr. Stephanie Taylor, a physician scientist and Assistant Professor at Atrium Health and Wake Forest School of Medicine hosted the quarterly Twitter Journal Club discussing her recent article on weaning analgosedation in patients requiring prolonged ventilation. (Taylor, et al. J Intensive Care Med. 2021)

It was a timely discussion during the ongoing COVID-19 surge.

Dr. Taylor reviewed 5 components to a successful sedation weaning approach, outlined below:

- 1) As much as possible, maintain light sedation from the start of mechanical ventilation.
- 2) Utilize enteral medications with a standardized protocol to taper doses in order to rapidly wean infusions and facilitate discharge from the ICU.
- 3) Monitor for oversedation and iatrogenic withdrawal syndrome (IWS) during weaning. Validated tools for identifying IWS are needed in adult patients and there is currently no evidence to guide treatment of IWS. However, when IWS is identified, recommendations include slowing the rate of wean, switching to a long acting agent if possible, and utilizing adjunctive alpha-2-agonists to treat hyperadrenergic symptoms.
- 4) Utilize a standardized unit- or hospital-based protocol for weaning sedation to facilitate efficiency and reduce errors.
- 5) Create an “opioid or benzodiazepine exit plan” during transitions of care to ensure that tapering is continued and to reduce the number of patients discharged on opioids and benzodiazepines.

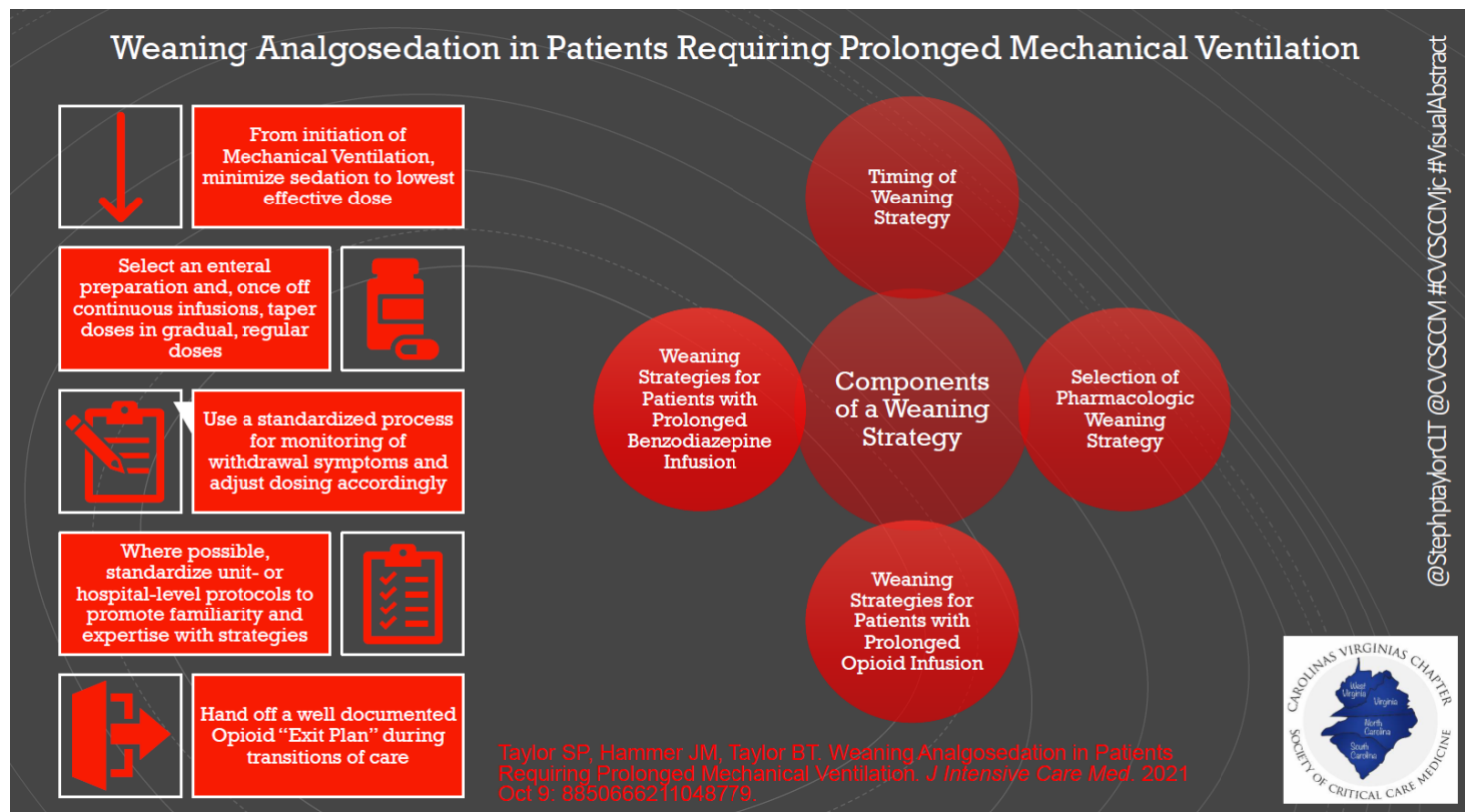


**Stephanie Parks Taylor, MD**

 @StephtaylorCLT

# CVCSCCM Hosts First Author-Led Twitter Journal Club

Visual Abstract created by Communications Committee Member,  
Erika Setliff, DNP, CCRN-CSC, ACNS-BC, FCCM



## We are looking for Twitter Journal Club Hosts!

Have you published work recently and would like to lead an author-led discussion?

Do you have learners or trainees interested in opportunities to interact with the Chapter and add to their CV?

LET US KNOW!

Email [cvcscm@gmail.com](mailto:cvcscm@gmail.com) if you are interested in hosting the next Twitter Journal Club!

# COMMITTEE UPDATES

## Mentorship Committee

The mentorship committee supports and facilitates the professional development of CVCSCCM membership seeking guidance from experienced critical care professionals from a variety of multidisciplinary specialties. Mentorship can be aimed at specific tasks such as preparing for FCCM application or for more general purposes such as developing a research program or clinical practice. Do you want to be a Mentor or Mentee? If so, please contact Melanie Smith Condeni, PharmD at [smithmela@musc.edu](mailto:smithmela@musc.edu) or check out the website and fill out the [Google Form](#) to be connected! [Guidelines](#) for the expectations of the program are available on the Mentorship page on the website.

## Communications Committee

**Chapter Business Meeting is scheduled for Wednesday, January 26, 2022 from 5:30pm – 6:30pm (EST)**

**We hope to see you there! If you did not receive a Zoom link, please email [cvcscm@gmail.com](mailto:cvcscm@gmail.com)**

Don't forget to check out our website ([www.cvcscm.org](http://www.cvcscm.org)) and follow us on Facebook and Twitter (@CVCSCCM) for updates, announcements, and general organizational communications!

## Chapter Leadership Executive Committee

- **President:** C. Todd Borchers, MSN, APRN, ACNP-BC
- **President-Elect:** Kristie Hertel, RN, MSN, CCRN, ACNP-BC, FCCM
- **Secretary:** Ankit Sakhuja, MBBS, FACP, FASN, FCCP
- **Treasurer:** Audis Bethea, PharmD, BCPS, BCCCP
- **Past-President:** Carrie L. Griffiths, PharmD, BCCCP, FCCM

## Chapter Leadership Board of Directors

- Desiree Kosmisky, PharmD, BCCCP (NC)
- Bryan Collier, DO (VA)
- Christopher Hogan, MD, FACEP (VA)
- Lesly Jurado, PharmD, BCPS, BCCCP (NC)
- Sameer Kamath, MD (NC)
- George Kasotakis, MD (NC)
- Andrew Miller, RT (NC)
- Paul McCarthy, MD (WV)
- Carolyn Magee, PharmD (SC)
- Vishal Yajnik, MD, MS (VA)
- Taylor O'Neal, RN (SC)



## Executive Board Update

President-Elect  
Kristie Hertel,  
RN, MSN, CCRN,  
ACNP-BC

Happy New Year!

We are happy to announce that we now have a pediatric section within the chapter. We will be incorporating our pediatric colleagues across the chapter, including pediatric focused topics at our annual symposium as well as other educational projects such as twitter journal club. We are truly excited about this addition to our ever growing chapter and want to thank Dr. Sameer Kamath for bringing this opportunity to the chapter. Thank You!

Current projects from your Board of Directors:

1. Committee chair succession: working with committee chairs on a standardized succession plan so that there is seamless transition when a chair's term has completed and a new chair begins.
2. Membership participation tracking system: a system to assign points to members for the volunteer work they do, like what national SCCM currently has in place. Awards will be associated with points.
3. Diversity: working with membership committee to make sure we have a diverse board and chapter.
4. By-laws: working to update and finalize the chapter by-laws.

That is about all for now, again, from the Board to you, Thank You to each and every one of you for all you do to contribute to making this Chapter one of the greatest in SCCM.

Thank You!!!

Kristie

## Additional Committees

Contact [cvcscm@gmail.com](mailto:cvcscm@gmail.com) with interest in joining or check out [www.cvcscm.org](http://www.cvcscm.org) to learn more about each committee!

Check out our new 'Join a Committee Form' on the homepage of the website!

- Education: organizes the Annual Symposium and Pharmacology Pre-Conference
- Nominations: solicits nominations for the board of directors
- Research: supports, advances, and promotes the conduct and dissemination of high quality research in critical care
- Membership: support membership's professional development and research
- Outreach: fosters collaborative outreach efforts at local, regional, and global levels

## We want to celebrate you!

Future newsletters will highlight accomplishments of chapter members and chapter institutions. This includes new board certifications, publications, awards and accolades, or institution accreditations. Send all submissions to [CVCSCCM@gmail.com](mailto:CVCSCCM@gmail.com). We can also highlight local or regional educational events.